



## MISSION STATEMENT

The mission of the Breastfeeding Coalition of Cumberland County is to Promote, Protect, and Support Breastfeeding through the cooperative network of individuals, agencies, and organizations in Cumberland County.

## WHO WE ARE

The Breastfeeding Coalition of Cumberland County is made up of representatives from area hospitals, WIC program, healthcare providers, government agencies, community support groups, doula agencies, and interested individuals.

Anyone interested in the promotion of breastfeeding in Cumberland County is encouraged to participate in the Coalition.

## National Resources

**La Leche League**  
1-877-4-LALECHE (1-877-452-5324)

**National Women's Health Information Center**  
1-800-994-9662

**National Maternal Mental Health Hotline**  
1-833-943-5746

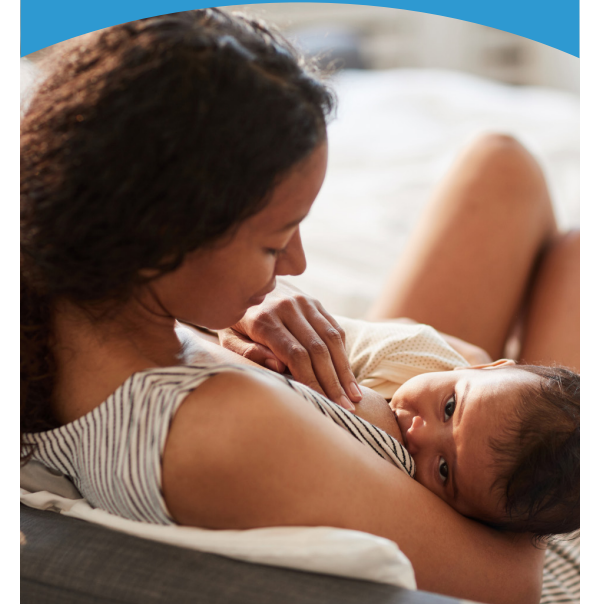
**Postpartum Support International Helpline**  
1-800-944-4773

**Infant Risk Center**  
806-352-2519  
[www.infantrisk.com](http://www.infantrisk.com)  
*For questions on breastfeeding compatible medications.*

## Additional Online Resources

[www.breastfeednc.com](http://www.breastfeednc.com)  
[www.ncbf.org](http://www.ncbf.org)  
[www.womenshealth.gov/breastfeeding](http://www.womenshealth.gov/breastfeeding)  
[www.breastfeedingonline.com](http://www.breastfeedingonline.com)  
[www.kellymom.com](http://www.kellymom.com)  
[www.text4baby.org](http://www.text4baby.org)  
[www.mommymeds.com](http://www.mommymeds.com)  
[www.postpartum.net](http://www.postpartum.net)

# The Breastfeeding Coalition of Cumberland County



## Local Breastfeeding Resources

*Revised February 2024*



## Area Hospital Lactation Support

**Cape Fear Valley Health System**  
910-615-7594

**First Health Moore Regional Hospital**  
910-715-2068

**Womack Army Medical Center**  
910-907-8367

**Cumberland County  
Department of Public Health**  
910-433-3858

**Scotland Memorial**  
910-291-7000

## Women, Infants, and Children (WIC) Program

**Cumberland County** (four offices)

Fayetteville	910-433-3749/3753
Fort Liberty	910-321-6420
Hope Mills	910-433-3760
Spring Lake	910-321-6420

**Hoke County** 910-875-2298

**Montgomery County** 910-572-8174

**Moore County** 910-947-3271

**Richmond County** 910-997-8313

**Robeson County** 910-671-3262

**Scotland County** 910-277-2440



## Breastfeeding Support Groups

*Connect with peer-to-peer and community support groups.*

**Breastfeeding Social of Fayetteville**

 [groups/breastfeedingsocial](#)

**La Leche League of Fayetteville**

 [lalecheleaguefayettevillefortbragg](#)

## Lactation Consultants

*IBCLCs in our community who provide in-person and/or virtual consultations, breastfeeding education, and breast pump rentals. Most accept insurance.*

**LATCH Breastfeeding and Postpartum  
Wellness Center**

[www.nclatch.com](#) 910-849-9221

**Momma's Village-Fayetteville**

[www.mommasvillage.org](#) 910-339-1921

**Mother's Helper**

[www.mothershelperhhs.com](#) 910-486-8705



## Doula Services

*Postpartum doula services and classes for new/expecting parents.*

**Central Carolina Doulas**

[www.centralcarolinadoulas.com](#)

910-728-2926

*Hablamos español, CPST Tricare breastpump prescription fulfillment*

**Dandelion Legacy Doula Services**

[www.dandelionlegacydoula.com](#)

910-500-6633

**Divine Doula Goddess**

[www.divinedoulagoddess.com](#)

910-502-3936

**The Fayetteville Doulas**

[www.fayettevilledoulas.com](#)

910-920-0181

**Momma's Village Doula Collective**

[www.mommasvillage.org](#)


910-339-1921

## Resources for Military Families

**Ft.Liberty New Parent Support Program**

 [FortLiberty ACSNPSP](#) 910-396-7951

**The Carrying On Project - Fort Liberty**

 [TCOPFortLiberty](#) Babywearing Support