



C-FORT TEAM MEETING MINUTES
February 24, 2022, 2pm
Via Zoom

1. Introductions

Melissia asked participants to use chat box to enter their name & affiliation.

2. C-FORT Updates

- Review of Overdose Data, ED Visits Data, Louis Leake

Louis Leake provided an update on overdose data and emergency room visits in Cumberland County and in NC. He displayed data on the screen and answered questions that were asked by participants.

- **Agency Updates**

- Job Opportunity, C-FORT Coordinator (Human Services Planner Evaluator II, 118008041)

– Dr. Green provided an update of the CFORT coordinator position stating that the position has been reposted, and interviews are underway with hopes of filling the position soon.

3. Discussion

- A brief overview of Dr. Corey Waller's presentation on neurobiology and the importance of MAT/recovery strategies: Mitzi Averette

Melissia shared that she emailed the group the link for the full presentation which can be found below. The presentation discussed neuroscience of addiction, panic, cravings, hyperfocused survival mode, the 4Cs and more.

https://www.youtube.com/watch?v=bpZgYmtYPKw&list=PL5fwWVGW_7IJOEPy5Zi1Uiv9PMxkUb-9&index=6&t=7s

- Updated campaign materials on Lock Your Meds Campaign: Kendle Holeman

Kendle provided an update on the lock your meds campaign which promotes the safety disposal of medications. It is a national multi-media campaign designed to reduce prescription drug abuse by making adults aware that they are the "unwitting suppliers" of prescription medications being used in unintended ways, especially by young people. Produced by National Family Partnership®(NFP), the campaign includes a wide array of high-quality advertisements, posters, educational materials, publicity opportunities, interactive games and slide show presentations, and this website, where visitors can learn more and ask questions.

Melissia thanked everyone for their time, energy, and engagement at the meeting. She shared that the next meeting will be held via zoom on Thurs March 24, 2022.