



**Minutes**  
**C-FORT Meeting**  
**Thurs. July 28, 2022**  
**2pm-3:15 via Webex**

**1. Introductions**

Martina welcomed everyone and asked participants to use chat box to enter name and agency.

**2. Presentation**

Xylazine Effects on Wounds: Why and How We Care, Rebecca Hosey a Clinic Nurse at Prevention Point Philadelphia shared information on Xylazine.

Mechanism of Action and Pharmacodynamics- **Parenteral onset**-Within 30 minutes, **Duration**-8-72 hours, **Effects**- Drowsiness, hyporeflexia, transient hypertension +tachycardia followed by hypotension and bradycardia.

Origins-Thoughts on how we got here- Xylazine in Puerto Rico documented in early 2000s but likely before then, and in Philadelphia documented in 2006 but most likely earlier.

Supplies- Saline, Wound Cleaner, Xeroform, ABD pads, gauze, roll gauze, coflex/coban

- No alcohol wipes!
- No hydrogen peroxide!
- Soap and water is great
- Nonadherent bandages
- Dry-may need moisture
- Wet-may need to dry out
- "Clean" environment is key
- Daily change makes all the difference (really!)

*Potential Systemic Changes*- Funding wound clinics, MOU's with hospitals and wound center, drop in centers, increase syringe access and partner with insurance.

Q&A session followed

**3. C-FORT Updates**

- Review of Overdose Data- Mr. Louis Leake shared the Emergency Dept (ED) visits data. He mentioned that NC ED visits for opioid overdose in June 2022 were 759 compared to 719 in June 2021. Suspected overdose deaths in NC according to the Chief Medical Examiner in June 2022 there were 326 suspected overdoses compared to 288 in June 2021. The data shared revealed that there were 759 overdose visits in June 2022 compared to 719 overdose visits in June 2021. Most overdose ED visits were among 25-34 year olds and 35-44 year white males.
- Fentanyl Report- Mr. Louis Leake shared that NC had 225 fentanyl positive deaths in May 2022 compared to 283 in May 2021. Cumberland county had 189 fentanyl positive deaths from June 2021 to May 2022. Most of the reported deaths in NC are among 25-34 and 35-44 year-old white males.

- *Consent Form*- Greg Berry with NCHR mentioned the importance of having a consent form CFORT members expressed interest in partnering with NCHR and liked the idea of a consent form and referral processes.
- *CFORT Pocket Guide Update*- Martina Sconiers-Talbert shared that pocket guide updates have been received from members and waiting for final updates from PIO. The guides will be delivered and distributed to CFORT members to provide out in the community.
- *CFORT Coordinator position*- Martina Sconiers-Talbert asked that everyone share with their networks. The position is posted on the county website.

Martina thanked everyone for attending and shared that the next meeting would be held Thurs Aug 25, 2022 2pm-3pm. The meeting will likely be hybrid.