

## October 27, 2022 C-Fort Minutes

### Guest Speakers/Presenters:

- Louis Leake
- Chris
- Kirk Dougly
- Nidhi Sachdeva-NCA
- Greg Berry
- Steve Mange- NCDHA
- Charlton Roberson
- Noah Johnson
- Dr. Jennifer Green
- Martina Sconiers-Talbert
- Misty Everett (from Methodist)
- Kendall

### Data:

~Louis Leake-CTC Fay- *gave updates on data.*

-For the month of September CC had 193 opioid overdose emergency Dept. visits for 2022 YTD in comparison to: 158 from January 2021-September 2021 of last year.

-Our numbers are increasing even across ethnicities

-799 are all opioid overdose, ED visits: September 2022 compared to 754 September 2021

-There were 239 fentanyl-positive deaths increase in July 2022 as compared to 287 in July 2021

-Statewide 799 all opioid overdose ED visits: September 2022 compared to 754 September 2021

-question: Is there any progress towards the heat maps here in CC? We do not have enough information on this.

### ~Greg Berry (CC Linkage to care coordinator NC Harm Reduction Coalition) and Charlton Roberson (Eastern Regional Coordinator): NC HRC data update

#### Overview:

- Quarterly data update for C-fort
- Update on effects of xylazine in the community
- Questions

#### CC Harm Reduction Data:

-There were 873 Narcan kits distributed to 516 people

- Of those 16 distributed, 138 kits were reported as being used successfully in an overdose reversal

-a total of 51 of those were successfully linked to services and received care.

-of those 51, 3 people received services for less than 30 days & 48 people received services for more than 30 days.

-Lastly, there were 3 links made for friends/families. This is an area that we have identified as an area of improvement.

#### Xylazine update:

-over the last 6 months, participants of the FAY SSP continue to arrive to the syringe exchange with varying degrees of skin infections.

-wounds appear to be lesions, w/c progresses to ulceration

- instances are becoming more frequent
- stages of ulceration are becoming more serious
- approx. 100 participants have been observed w/ these wounds
- There were images provided by Roberson co. of examples of the lesions
- There is a lot that's not known about xylazine yet. Not enough research to support this topic of discussion. It's unknown but we do know the wounds are directly related to xylazine.
- The wounds are a hygienic issue

### Dr. Green's Action Items on to-do-list

1. We will resend xylazine to this group
  2. We will re-blast facts to all the providers in the community "the xylazine alert we sent out in July".
  3. Talk with Dr. Chima to see if we can provide his information
- Misty Averitt (from Methodist) helped write some parts of the grant that ED @ CF opt. It's to implement 24/7 peer support specialist in the ED... & section of the grant w/c mention these wounds & wounds supply.

### ~Contact info:

- Greg Berry (Linkage to care specialist) – [gberry@nchrc.org](mailto:gberry@nchrc.org)
- Charlton Roberson (Eastern Regional Coordinator) – [charlton@nchrc.org](mailto:charlton@nchrc.org)  
[www.nchrc.org](http://www.nchrc.org)
- Chris has been assisting our library staff with training on how to use Narcan & making sure they have kits in place.
- 4 libraries that utilizes Narcan services are:
  - Spring Lake
  - East Regional
  - Hope Mills
  - Downtown library
- 17 staff members have been trained on how to use it.

- we are working on the breakdown of ethnicity, sex, age groups, etc. to see what %'s are being impacted the most. Also correlating this data to the # of deaths that are opioid related.
- Federal BJA grant received almost 3yrs ago, is up and running now. This helps w/ our ability to provide funding for housing.
- If there are individuals that are in treatment/recovery that need housing, we have been working with oxford housing. We have funding for 16 individuals; 3 already have been placed.
- we can pay the 1<sup>st</sup> two months. However, we pay on a case-by-case bases.
- The grant ends on Sept. 2023; we can't apply for this grant again, but this is where the opioid settlement comes in.

### ~Opioid Settlement updates:

- We have put out a RP (Request Proposal) for the opioid settlement funding
- Recovery housing pays lease/rent/hotel for those individuals
- the idea is there will be funding & a support system even after this grant is over
- RP is due on Dec. 8<sup>th</sup>
- Informational sessions on Nov.2<sup>nd</sup>, Nov.8<sup>th</sup>
- NAT in the detention center vital strategies, draft job descriptions & other base level information, & webinars.
- restarted our jail health meetings
- commissioners allocated more funding for Narcan/syringe service programs (\$70,000/yr.)

-We anticipated that those funds will be ready in January. We have to reapply for the matching funds we will be notified in December.

-Members from the county commissioner's admin was on to answer any questions on the opioid settlement funds & American Red Cross funds.

Presenters:

-Nidhi Sachdeva-NCA

-Noah Johnson- worked with settlement funds & Red Cross funds

### **Suggestions & Resources**

-There is a webinar series that's done with NCCC, walking through each of option A strategies.

-Greg stated that *Asheville's Sunrise Community for Recovery & Wellness* is potentially an ideal place to look at for recovery community centers meetings.

-it was asked by Dr. Green that if they outgrow their facility how do we plan forward so that we don't invest in a facility that's not big enough? There will be more info on this topic.

-*Recovery Community of NC* was suggested as another great resource.

-map on community impact NC- has recovery communities around the state outlined. Another potential great resource!

-it was inquired "can we bring back a webpage that has a list like *Gov't institute* of events originally housed under *samsa.gov* now given to *faces and voices*. Comment shared, "it was great when NC had its own page.

-It was suggested that we take time out of the meeting to reflect on some of our success!

-CDC Foundation is working w/ HD to bring 5 individuals to NC. They are overdose prevention specialists whose goals are to provide local support. This is a short-term position. Note: we may be sharing time with another county.

-Martina Sconiers-Talbert will be sharing info about the job post.

-For those that need to get their C-Fort guides, they are available at the Health Department.

### **Grant updates:**

-Kendall should be able to find out by next week if they'll get it or not. Looking forward to a good report at the next meeting.

### **Final Thoughts:**

-Next C-Fort meeting will be held on Dec.15, 2022