



## Public Health Department

### *C-Fort Minutes April. 18, 2023*

#### Agenda item 1. Introductions

#### Guest Speakers/attendees:

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## **Agenda item 2. Data and Progress Updates**

### **Louis Leake:**

Cumberland County

- 60 Opioid overdose emergency department visits for 2023 YTD
- Traditionally, numbers rise during the summer months
- 782 NC ED visits for opioid overdose: March 2023 in comparison to 754 March 2022.
- The number of individuals that were being treated were uninsured/self-paid.
- 1506 NC ED visits for overdose involving medications or drugs with dependency potential: March 2023
- 959 NC EMS encounters suspected opioid overdose: March 2023 compared to 1,029 in March. 2022.

### **NC-Harm Reduction:**

- Approximately 1800 outreach contacts during the first quarter of 2023
- Just over 2,000 doses of Narcan's distributed during the first quarter of 2023
- Increase in reports of peer-to-peer overdose reversals

### **Chris Dudley, CFV**

- A slight trend down this year for overdose calls compared to last year
- Seeing less EMS responses because of apparent peer-to-peer overdose reversals

### **Elijah Bazemore, Vital Strategies CCDS MAT updates**

- Ms. Heather will be our clinician
- CC detentions center updates are still on hold
- Looking for implementation dates

## **Agenda item 3. Ashville (Sun Rise) Trip Update**

### **Charlton Roberson/ Greg Berry:**

- Sunrise is totally peer run; 4-5 peer support specialist on duty at a time
- There are no community partners present at Sunrise providing services
- The CFORT center will have community partners onsite to directly link people to services

-They (Sunrise) have a full-time person going out in the community identifying funding sources and donations from the community

-The Sunrise center is well staffed

-They (Sunrise) have significant support from community partners outside of their center

#### **Agenda item 4. CFORT Opioid Response (Recovery) Center discussion**

##### **-Proposed names:**

- Hope
- Resiliency
- C-FORT Recovery Center
- C-FORT Hope Center
- Epiphany
- Change

##### **-Services:**

- Computers
- Sign-up for benefits: ex. Medicaid, Food Stamp
- Charging Station
- Get shoes & clothes.
- HIV testing
- NCHRC, syringe services, Narcan distribution, linkage to care

*Idea is: One location to get many/all needed services (hint: Resource Center)*

##### **-Proposed Staffing:**

- Processing Asst./Office Manager (w/ Monday-Friday scheduling)
- Peer Support Specialist, Heather
- Interns
- CP/LCSW
- Collaborating/Communicating amongst partners

*Note: If there are interested partners wanting to collaborate with the Center, or if you want to be a part of the Center subcommittee, please email Greg. ([gberry@cumberlandcountync.gov](mailto:gberry@cumberlandcountync.gov))*

#### **Agenda item 5. Next Steps**

-A former/current subcommittee survey will be sent out to CFORT partners

-Health subcommittee

-Support subcommittee

- Safety subcommittee
- Being on multiple subcommittees is ok
- We will share their goals and action plan
- We will be sending out a survey to get feedback on naming the opioid response center
- Proposed timeline for Center: Soft launch in late fall/early winter.
- We will be sending out a member survey to solidify our active member list
- Next meeting: 5/16/2023