



## Cumberland County

### Public Health Department

#### *CFORT Minutes, August 15, 2023*

#### **Agenda item 1. Introductions**

##### **Guest Speakers/attendees:**

Adrian Black	Alicia Cabbagestalk
Amanda Klinck	Amy Jordan
Antiche Long	Asa A. Revels
Charlton Roberson	Courtney Masters
Courtney McCollum	Crystal Pone
De'Ara Anderson	Doug Green
Elijah Bazemore	Greg Berry
Heather Skeens	Jennifer Green
John Russell	Lisa Jayne
Lisa Lofton-Berry	Louis Leake
Martina Sconiers-Talbert	Mitzi
Orlando Smith	Sanquis Graham
Tamra Morris	Tomeka Shaw

#### **Agenda item 2. Data and Update**

##### **Orlando ~ Updates on the Recovery House Initiative**

-Monica Washington is the POC for oxford house.

-Contact info: [Monica.Washington@oxfordhouse.org](mailto:Monica.Washington@oxfordhouse.org); 919-345-2513

-Since Mid-July the referrals have returned; so were up to 62 total funding requests for 60 individuals.

-About 6 months ago there were additional funds added. Funding is available through the Bureau of Justice Assistance (BJA) grant (ends September 30<sup>th</sup>, however we have applied for a no cost extension).

### **Dr. Green, CCDPH BJA grant**

-We applied for a “no cost extension.

-Submitted last Friday and we will hear back from project officer with the BJA grant.

-It’s a 1 year “no cost extension.”

### **Tamra Morris/Greg Berry, SMART Recovery Update**

-11 participants trained last week

-Participants appreciated info about the program and felt as though it equipped them w/ tools and resources necessary to facilitate

-Next session is in September

-Contact Greg Berry for interest on September training

### **Agenda Item 3. Smoking Cessation**

#### **Sanquis Graham (Region 6 Tobacco Prevention and Control Manager) ~ Tobacco Use Treatment**

What works?

Prescription Med.

-Varenicline (Chantix)

-Bupropion (Wellbutrin)

Non-Prescription Med.

-Gum

-Patch

-Lozenge

-Inhaler

-Nasal Spray

-Best Practice

Combination Therapy

Cytisinicline- has not been regulated by the FDA. We cannot prescribe it yet; although, it's tested well so far.

What's next?

-Continue to provide counseling

-Refer them to NCQuitline, [www.QuitlineNC.com](http://www.QuitlineNC.com)

Call: 1-800-784-8669

Text: Ready to 34191

How Quitline Works: High level participants experience

Marketing

Program activation

Session 1

Session 2

Session 3

Session 4

Session 5

Assessment

\*\*\*These services are free & can be completed as many times as they need

Quitline is there to provide the nicotine replacement therapy

Sanquis Graham

-p: 910-433-3614

-email: [sgraham@cumberlandcountync.gov](mailto:sgraham@cumberlandcountync.gov)

*-We will send out the slides!*

#### **Agenda Item 4. Lunch and Learn Feedback**

**Greg Berry**

- *NO FEEDBACK!*

#### **Agenda Item 5. Next Steps**

**Greg Berry**

-3rd Annual International Overdose Awareness Day on Thursday August 31st from 5pm-7:30 pm at Methodist University.

-Volunteers are needed to participate in putting together Narcan kits/ Rescue kits.

-Recovery month map is still being developed.

-We will email the days that each partner is hosting an event during recovery month & what's going on those days.

-FSU is having an Overdose Awareness Day event with Keynote speakers & events from 11am-1pm at Seabrook auditorium.

### **Asa Revels**

-Overdose day on August 31st in Roberson County, at the Civic Center.

-Recovery ambassador program, 4th annual community day is September. 9<sup>th</sup>

-Sneaker ball- Saturday, September, 30th. Free to the public. Purpose is to show people, you can have a good time sober with live music, food, DJ, photobooth, etc.

-Will email Recovery events to Greg.

### **Mitzi events:**

<https://www.eventbrite.com/e/1st-annual-recovery-celebration-walk-walk-the-walk-tickets-681784705407?aff=oddtcreator>

<https://mendthehills.com/>

### **Tamra Morris**

-There will be a google survey that we sent out requesting edits to CFORT Resource guides

-Final edits due by the end of the month

### **Agenda Item 5. Next Steps**

*Next Meeting September, 19, 2023*