



**Cumberland County**  
**Public Health Department**

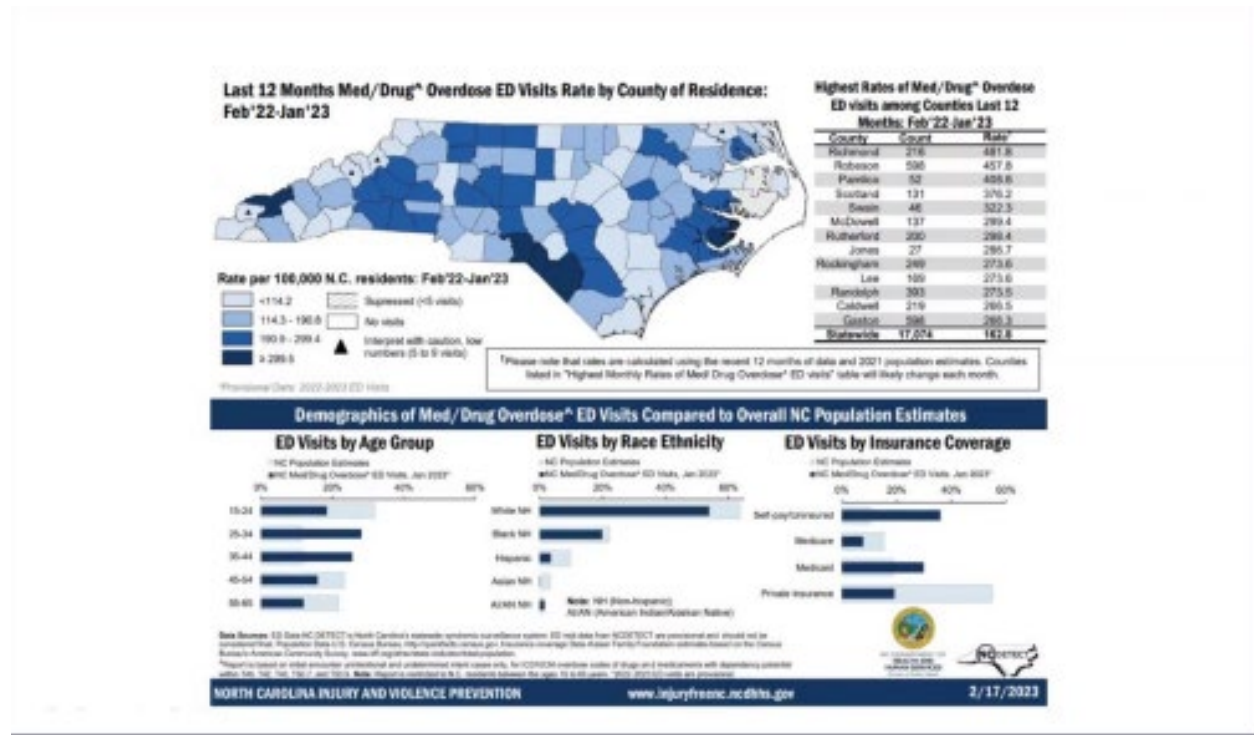
***C-Fort Minutes February 21st, 2023***

**Guest speakers/attendees:**

Martina Sconiers-Talbert, CC Health Dept.	Lisa Jayne, Cumberland County	Caroline Melvin
Serena Gunn-Stornello, Health Holistic Journey services	Kiersten Jones, RITA Health Hilltop	Melanie Stephens
Delvin McAllister, CHI	Kendle Holeman, Insight Human Services	Noah Johnson
Charlton Roberson, CDC/NCHRC/Life Net Services	Katreva Miles, Insight Human Services	Bertina
Gregory Berry, NCHRC	Elizabeth Stephens, Insight Human Services	Angela Hebel
Jennifer Green, NCDPH	J. Garner, Reentry	LaKiya Brewer, RCHW
Louis Leake, CTC Fayetteville	Tamra Morris	Natasha Kinto
David Grovdahl, Cape Fear Valley/ Cumberland EMS	Soffe Dixon	Ishmael Meachum, RCHW
Courtney McCollum	Gene Booth	Christine Main
Briana Parkins	Sally Shutt	Adrian Black
Crystal Pone	Laura Marquis, RPHE II	Asa A. Revels
Elijah Bazemore	Ashley Curtice	Heather Skeens
Kara Gagnon		

**Louis Leak:**

-There were 1469 NC emergency department (ED) visits for overdose involving medication or drugs with dependency potential: January 2023 as compared to 1296 in January 2022.



**Greg Berry, NC Harm reduction:**

-1500 total contacts in the last quarter 2022. Out of those contacts there were 1200 Narcan's units that went out. Of those, we had 400 reversible reported.

-Goshen clinic/medical center has a mobile medical unit that travels in black rural areas. They have committed to working with NCHR outreach workers. Coordinate outreach activities twice a month. Main objectives to try to connect the harm reduction participants with healthcare, access doctors, general health screenings, antibiotics, any normal services they provide they'll also do. But the focus is addressing their wounds. Also expressed interest in having a representation of Goshen in C-fort, however, may take a few months. Contact is Ms. Rebecca Wolf; will be sent to Ms. Martina.

-Walmart on 301 is an area of interest to set up & service the population in that area. Looking to get permission from Walmart to set up outside their parking lot.

**Orlando, Social Worker:**

-BJA funding Report 2/21/23 (Oxford House Transitional Housing): we only received 24 funding requests for an initial month's rent.

Of the 24 there were:

-22 individuals requested 1st month's rent only.

-2 individuals requested an extra month's rent.

-5 females- 22.7% (only 1 female residence)

-17 males-77.3%

-David Adam's is who helped develop these numbers. He will be joining us in future meetings.

-We will have a total of 47 additional slots & we're working on the budget revision for that. We moved \$10,000 to contribute to the BJA funds which goes to the end of September.

-These funds are limited to transitional housing currently.

-We only have 1 female house in the county shared Chris.

-TROSA is free, however you'll have to make an 18-month commitment housed in Durham NC.

-Keep in mind when referring people to TROSA, if you are suffering from mental health or on medication, they will not allow you to participate in their program(s). ex: on anxiety meds you will NOT be applicable. There's also a screening process to get accepted.

**Dr. Green/ Mrs. Amichia, Regional Workforce:**

-The HD has a regional workforce development grant from 9 counties. It's about increasing the capacity of the PH workforce and providing training for staff.

-Our region is interested in doing a forum/conference about the faith community and opioids. We are trying to plan something in May that our faith-based community leaders can participate in May for mental health month.

-If there are any pastors or mothers, etc. that may be interested please notify Dr. Green. -It's going to be on a weekday due to church activities on the weekend.

-Mrs. Amichia is shooting for 5/10 from 9am-4pm.

-Dates that currently do not work are: 5/4, 5/5,5/19, 5/20

-We will keep you posted on a date!

-Director: Kathy is the director of a care clinic which works with congregations and they may be a good fit.

### **Martina w/ SMART Recovery:**

- Coordinator, Jasmine; we've talked about doing smart recovery training.
- the 3 days zoom training from 8:30am-2:00pm dates availability are: 3/21-3/23, 3/28-3/30, 4/11- 4/13, 4/18-4/20, 4/25-4/28.
- We will need to choose a date to move forward.
- Martina can also ask for later dates if needed.
- We will create a roster for some of the main dates.
- Finding a date in May is ideal, however not during the week of graduation. -Ms. Diana Garcia, social worker @ Methodist can possibly participate.
- More details to come on the SMART Recovery training.

### **Dr. Green w/ Opioid Settlement:**

- We've hired a Local PH Administrator, Ms. Tamra Morris, MPH!
- Her suite of programs includes opioid settlement funds & A Care Coordination Pilot Project. Orlando and C-fort will be under her suite of programs.
- We hired one LCSW position that will be able to support MAT in our detentions center. They will help inmates who are exiting the detention center, get connected to resources. They will be set to start by the end of March.
- We are developing a peer support position as well.
- Funds were approved for the opioid settlement dollars. 4 agencies were approved: Carolina treatment \$200,000.
- NC harm reduction: \$199,990?
- Myover Reece: \$200,000
- Fayetteville Drug treatment: \$80,000 (we want to do some work with them)
- 80,000 in year 1 but depending on performance they'll have an opportunity to get \$200,000 total over the 2 yrs.

-We will be purchasing Narcan's soon. Some funds went towards the pilot program, the rest of the money will be going towards MAT at the detentions center (this is just the first wave of opioid settlement).

-Cumberland: an additional 13 million 5 hundred and 98131.66 cents. In total between the 2 waves is 30 million 5 hundred 85651.25 cents this # is dependent on all the counties signing on to the settlement dollars. This may adjust over time but 13 million is what we're currently expecting.

-We were NOT rewarded with the vital strategies dollars. Money was given to counties that really needed it. There was nothing we could have done differently, there was just a limited amount of

dollars, and the focus was to provide those dollars into areas that did not already have the support.

Elijah shared info regarding this phase. We have an action plan in place.

-There are resources available for funding, each MCO has a million dollars. You will have to go through a grant application process. Dr. Carlyle-Johnson will be the contact, said Elijah.

Asa Revels, Robeson County asked: What strategies were used to get the funding from the commissioner. Are there any plans for regional collaboration because a lot of our residents have trouble with transportation?

-Cabarrus, Montero, Washington, Rowan, Mecklenburg, Queen city harm reduction, etc.

Strategy: We started in May and did a series of 4 town hall listening meetings, 15-20 individual meetings, c-fort brainstorming sessions with detention center, sheriff dept, many other community partners, community surveys, presented key thing to our commissioners in August and made some recommendations about the use of the funds: RP process, Narcan, syringe exchange and MAT project at the jail. We focused on a quick weekend and planned on long term wins.

-Alliance requested for some Narcan so we put in a request through them. You can order some through the state. Dr. Green and Chris ordered or will order 1500 Narcan a piece.

### **Recovery Community Center Updates:**

-Met with Shelly Hudson. She's in charge of Cumberland health project & Day resource center that's being built and does not want to duplicate this. They will have space for medical services, laundry, office space, etc. We will be following up with her.

-There's a county space that we may be able to utilize as a recovery location.

### **Grant updates, Dr. Green:**

-Substance use disorder treatment & recovery outcomes for adults. Due the end of March/April timeframe.

-Requires an MAU to execute it.

-We need an evaluator for the grant

-It's for people who have substance abuse disorder whose coming out of the detention center. We must have the detention center on board.

-Major Adams has it and is reviewing it. We will f/u.

-comprehensive opioid stimulant and substance use stipend program. 1.6 million over 36 mo. Expanding behavior health workforce and expanding services to recovery support services.

-How many awards? Local applications: 23 urban, 22 suburban, 22 rural areas, and 5 statewide applications.

-NC 1 community & recovery conference is 3/1-3/3 and will be held in Greensboro w/ Delton Russell.

-Addiction professional of NC policy summit & Advocacy Day 3/15 from 9am-1pm in Raleigh, NC. Networking session will be held the evening before on the 14th.

### **Chris:**

-is working on last yr. data he'll be able to break it down by demographics on a monthly, quarterly, and yearly basis. Will present hopefully by our next meeting.

### **In closing**

-Next C-Fort meeting TBA.