



Cumberland County

Public Health Department

*C-FORT Minutes September 19, 2023*

### Agenda item 1. Introductions

#### Attendees:

Amanda Klinck	Jennifer Green	Adrian Black
Maryam Lafi	Brandy Briza	Christine Main
Charlton Roberson	Courtney Masters	Christine Main
Courtney McCollum	Denise Melton	Tamra Morris
De'Ara Anderson	Kendle Holeman	Ishmael Meachum
Elijah Bazemore	Greg Berry	Latoya Davis
Heather Skeens	Heather Sroka	Joel Nettles
John Russell	Jamie Gesslein	Jakeiya Barnes
Lisa Lofton-Berry	Lisa Jayne	Melanie David
Mitzi Arnette	Major Tandra Adams	Monica Washington
Orlando Smith	Rebecca Wolf	Samantha Tillman
Carlotta Ray		

### Agenda Item 2. Data Updates

#### Charlton Roberson, North Carolina Harm Reduction Coalition (NCHRC)

-As of June 30, 2023, NCHRC: 3194 Contacts, 3600 Narcan distributed, 1426 peer to peer support interactions, 3300 wound care kits distributed

-September 30<sup>th</sup> Operation syringe litter pickup at Walmart on Hwy 301

#### Orland Smith (Bureau of Justice Assistance ) BJA funds updates

-BJA fundings available to oxford houses

- 71 funding request for 69 residents, 2 request for 2nd month of rent payment.
- Most recent request 9/6/2023
- Monica Washington Introduction (Outreach coordinator for Oxford House)
- Project Funding dates 8/28/23 to 9/6/23 (duration of program so far)
- 2<sup>nd</sup> months request lower due to 1<sup>st</sup> month assistance success.

*Question of oxford house referral process?*

- The Oxford House completes the interview for potential new resident, if the new resident is accepted, Orlando Smith receives the referral and provides the residents first month of fees
- There are 8 Oxford Houses in Cumberland County

**Tamra Morris, Position change update:**

- Tamra is the new Deputy Health Director.

**Agenda Item 3. SMART Training Updates**

**Greg Berry, CFORT Coordinator**

- 2 rounds of SMART training completed.
- 29 people completed training.
- New group set to develop at FTCC
- Feedback: Training went well and facilitators were engaged and open to questions, noted to be very helpful.
  - Looking to add additional meetings on Thursday nights
  - Other new meeting times are optional, (Tuesday potentially) looking to start in October and will be making announcements
- Friday Sept 29. National Exec Director will be in attendance @ 9am
- Overall smart recovery training was positive, only mishap was material delivery and will be addressed
- Website to find SMART training groups will be available
- Resend to existing groups new meeting updates
- List of SMART facilitators or distro-list with updates proposed
- SMART recovery at FT. Liberty Thursday 8 am

- Encouraged to register meetings on National SMART website
- Mills suite and Facebook page have information

#### **Agenda Item 4. Subcommittee and Community Outreach**

##### **Tamra Morris**

- Introduction of new Health Department intern, Tierny Huff:
- Tierny is a HBCU intern who will be assisting with subcommittee work.
- Tierny will be assisting with coordination, scheduling, and information updates.
- The Recovery Resource Sub-committee meeting is on the 2<sup>nd</sup> Thursday of each month at 2pm
- A virtual meeting option will be available for other subcommittees.
- The Recovery Center presentation to county board has been postponed.
- We are wanting to incorporate the inpatient care/treatment facility as part of the proposal.
- The Direct Service Subcommittee does not have a chairperson but does have an organizer.
- There is a QI project plan to provide quarterly outreach and mobile services to individuals affected by STI, Covid, Food insecurity, etc.
- Looking for locations that may be best for serving individuals in our target population (identified hotspots)
- First date for community outreach is Oct 12 \*tentative.
- Murchison Rd. location a possibility (Kingdom Impact), not contacted yet.
- Outreach set for 10 am-2pm, however the location has not been secured.
- Questions?

##### **Greg Berry**

- Subcommittee signup email reminder will be sent out.
- Suggestion to partners to delegate responsibilities to a representative to participate in subcommittee meetings.
- Request for mobile shower services to include in outreach.

##### **Asa Revels**

-Suds of Love in Robeson County (mobile shower) may be open to being involved in Cumberland Co.

### **Agenda Item 5. CFORT Guides**

#### **Greg Berry**

- 6 responses to the C-FORT guide survey
- Request for removal of the word “drug” from the front of resource guide. Suggest that having that printed could stigmatize.
- Group in agreement to remove the word “Drug” from the cover of C-FORT guide
- Xylazine information could be included with overdose protection information
- Is there a way to have QR code to link C-FORT Guide with C0FORT page? Will be looking into this.
- Closed out survey and will be making updates

### **Agenda Item 6. Next steps**

#### **Greg Berry**

-Xylazine and fentanyl test strips are now available. Test strips did not have imaging that shows how to read test results. This has been rectified. New test strips now have instructions for use. Contact Greg to receive test strips for your organization.

#### **Jeniffer Green, Public Health Director**

- Grant extension pending. Waiting to hear back from BJA grant regarding a no-cost extension. We are anticipating receiving the no cost extension
- Comprehensive Opioid, Stimulant, and Substance Use Site-based Program (COSSUP grant submitted and waiting approval
- Opioid contracts will be on the agenda to be confirmed at the next County Commissioners meeting
- Recover Alliance Initiative: focus last week on recovery court and judicial side of recovery

#### **Mitzi Arnette**

- Would like to suggest that those connected with organizations should get on mailing list for RAI (Recover Alliance Initiative)
- Student Group (Roaring for Recovery). will have an event on Sep 26 in the nursing building and will have a speaker at this event.

- There is a North Carolina Higher Education Consortium (NCHEC)
- NC higher education wellness AOD coalition, focused on prevention, collegiate recovery. Focused on statewide best practice for recover (NCHEW)
  - They are partnered with Addiction Professionals of NC
  - Are involved with Good Samaritan
  - Quanisha Roscoe new coordinator for recover services at FSU
  - CEU options for domestic violence on Ft. Liberty
  - Recovery conference coming up in Goldsboro.

### **Charlton Roberson**

- Life Net Services is now a provider with Alliance.
- Thank You to those involved in supporting individuals in recovery
- Last day of September (Sat, Sep. 30) NC Harm Reduction Coalition will be hosting a syringe litter pickup event at the Walmart on Hwy 301.
- MAHEC will be a hosting event a Perinatal Substance Exposure Summit

### **Adjourned**

*Next meeting Tuesday Oct. 17<sup>th</sup> 10 am*