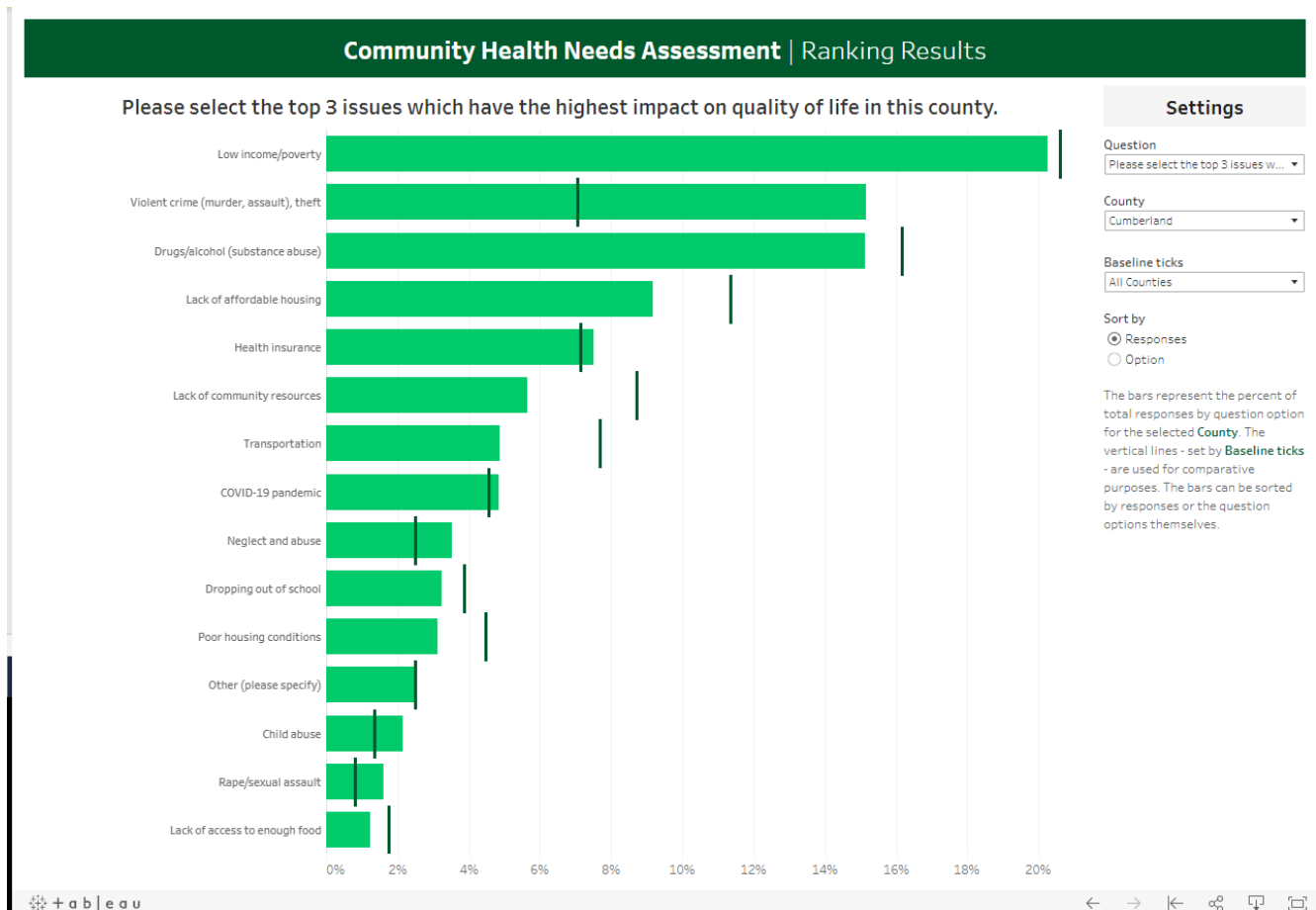


2021 Community Health Assessment

We have completed the Community Health Needs Assessment process. 1,545 surveys were collected and two focus groups with specialized populations conducted. Data is currently being analyzed and we expect to have a PowerPoint of specific county findings from our partners with Health ENC in October.

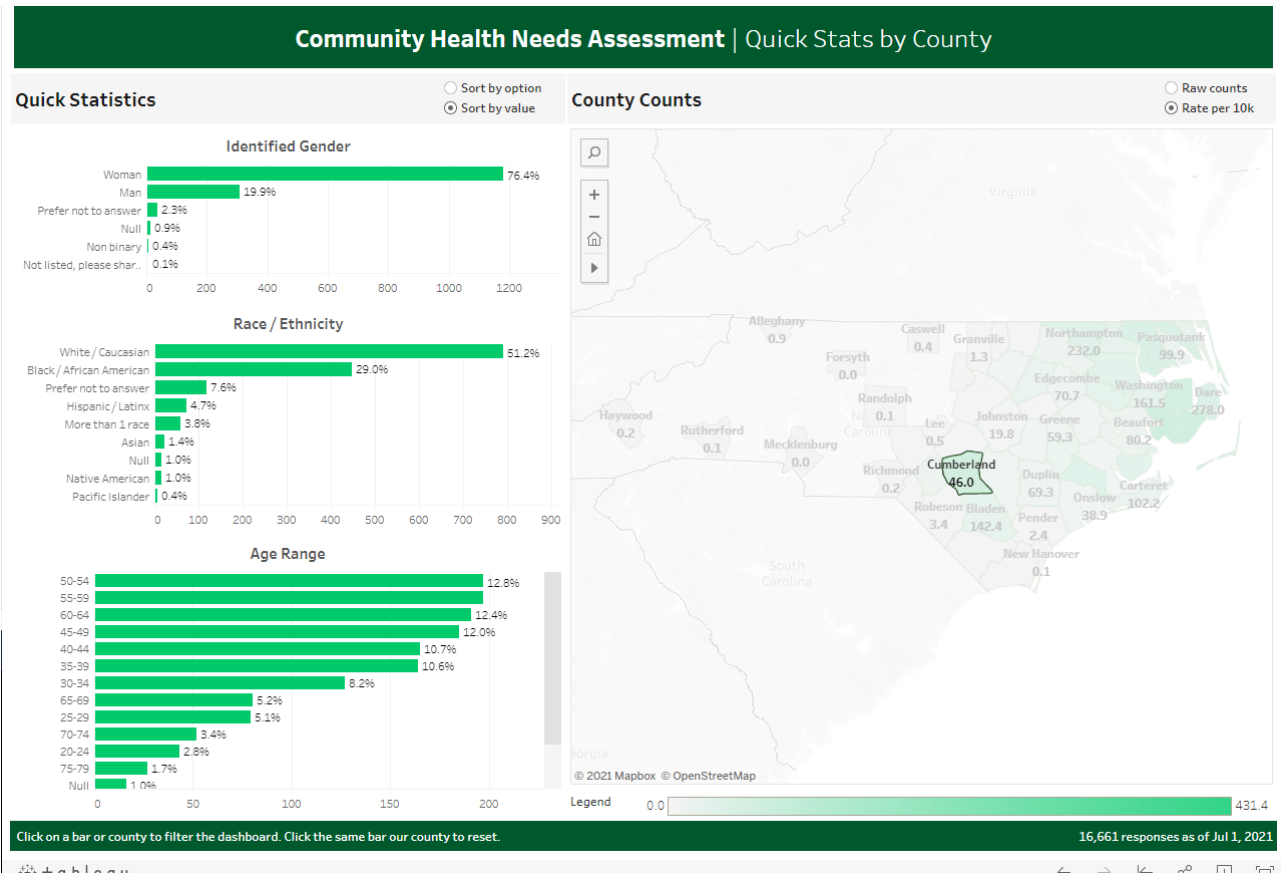
Preliminary findings show that most respondents agree that there is good healthcare in Cumberland. The top 3 health behaviors residents feel people need more information within the Cumberland community are (1) mental/behavioral health, (2) eating well/nutrition, and (3) crime prevention. The top 3 issues having the highest impact on quality of life in this county in respondent's opinion are (1) low income/poverty, (2) violent crime (murder, assault), theft, and (3) drugs/alcohol (substance abuse). These rankings were not aligned with baseline of all counties as seen on the chart here:



Most residents reported getting their health-related information from doctor/nurse or internet which is nearly congruent with all county baselines.

Respondents top 3 areas where COVID-19 has impacted them severely/significantly are (1) stress and anxiety, (2) social isolation, and (3) mental/behavioral health; these findings are in line with or exceed baseline. Vaccine hesitancy varied with most respondents having no concerns just before being worried about its side effects.

The majority of respondents were employed full-time or retired. Demographic rankings of respondents were as follows:



The Health Education team is thankful to all those who participated in the Community Health Needs Assessment by taking the survey, sharing information about this process, and encouraging participation.

Our next meeting with Health ENC to discuss next steps for CHNA is Tuesday, September 14th.