

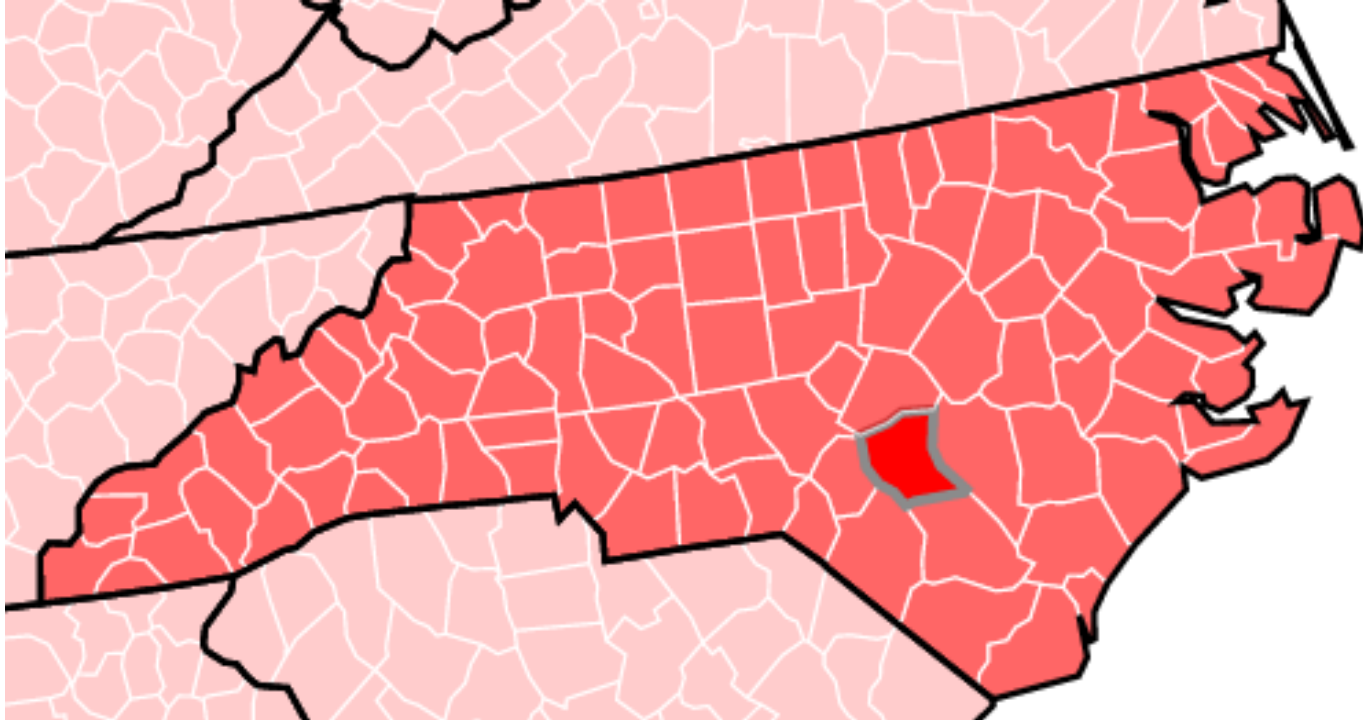
Cumberland County COVID-19 Update January 24, 2022



Disclaimer

- Data and information regarding the COVID-19 pandemic is rapidly changing. Slides are current as of 1.24.2021
- For current information visit
 - <https://www.cumberlandcountync.gov/>
 - <https://covid19.ncdhhs.gov/>
 - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

COVID-19 Data: Cumberland County



- CDC Data Tracker Data
- Cases
 - Last 7 days: 6,051
- Cases per 100,000 pop: 1,803.53
- Case positivity rate: 40.54%
- 512 deaths
- Community transmission is high

<https://covid.cdc.gov/covid-data-tracker/>

Community Transmission

Cumberland County is current in high transmission

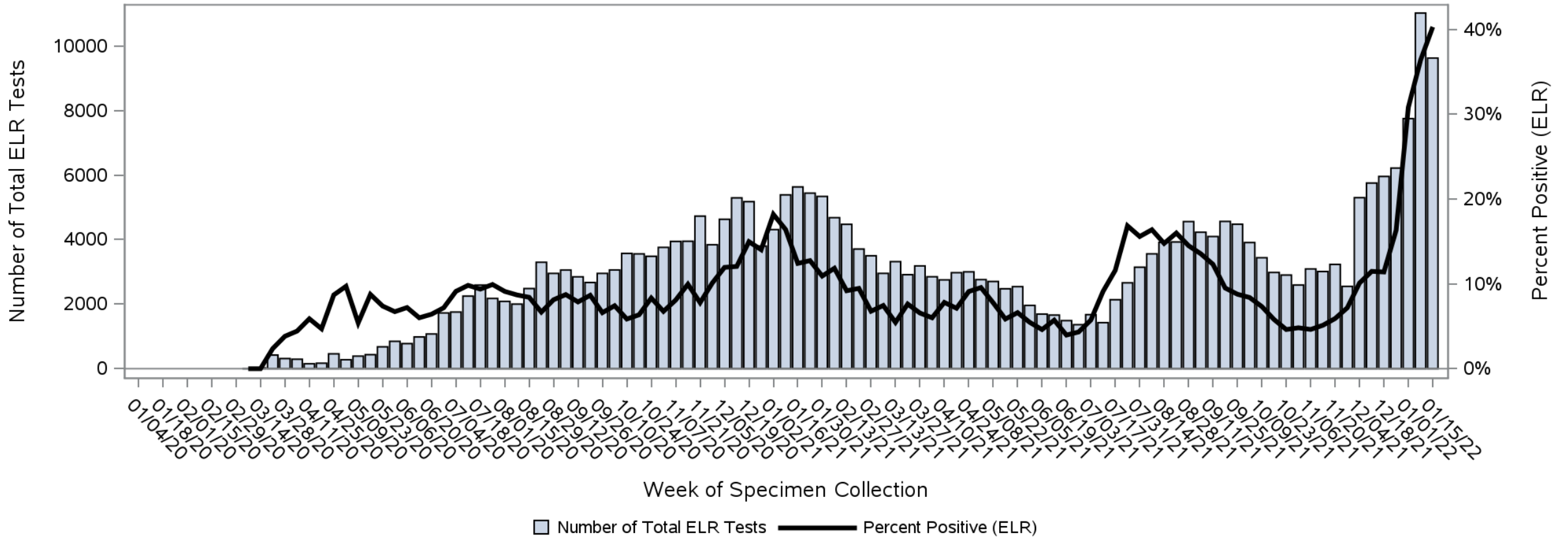
Determining Transmission Risk



If the two indicators suggest different transmission levels, the higher level is selected

	Low	Moderate	Substantial	High
New cases per 100,000 persons in the past 7 days*	<10	10-49.99	50-99.99	≥100
Percentage of positive NAATs tests during the past 7 days**	<5%	5-7.99%	8-9.99%	≥10.0%

COVID-19 Testing in Cumberland County



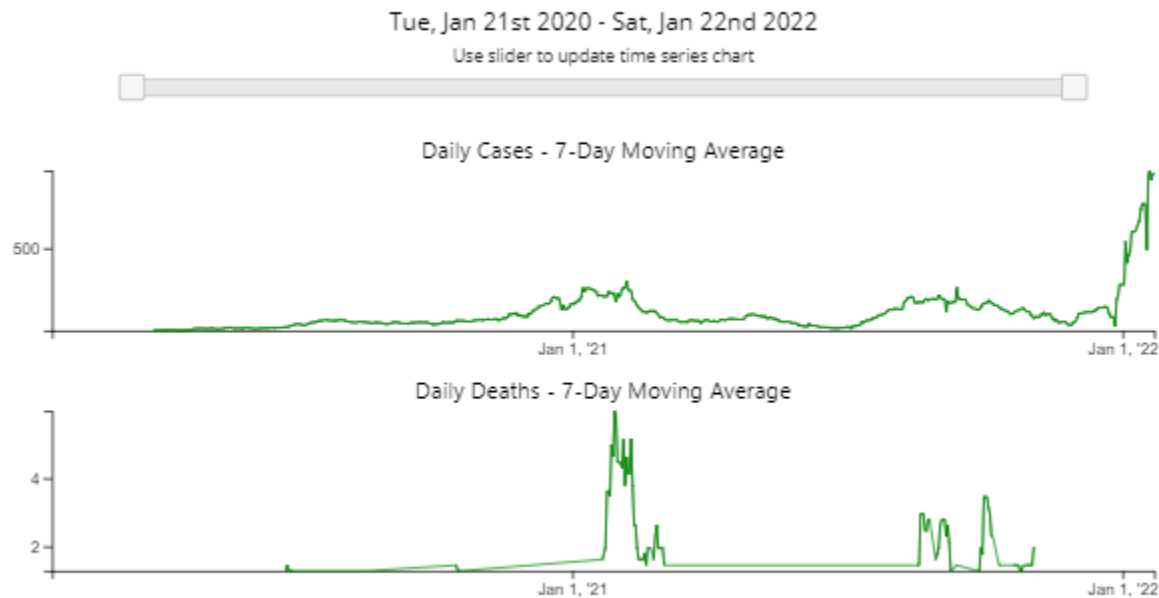
Trend in Cases in Cumberland County

Cases & Deaths in Cumberland County, North Carolina

Data through Sat Jan 22 2022

Total Cases (last 7 days)	6051
Case Rate (last 7 days)	1803.53
% Change (last 7 days)	23.82

Total Deaths (last 7 days)	<10
Death Rate (last 7 days)	0.00
% Change (last 7 days)	-100



Trend in Hospitalizations in Cumberland County

Hospitalizations in Cumberland County, North Carolina

Data through Fri Jan 21 2022

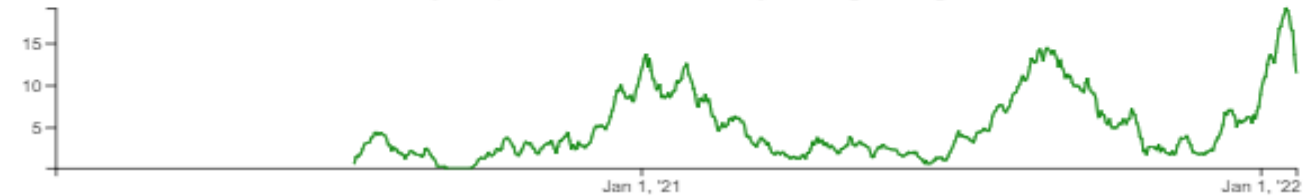
New Admissions (last 7 days)	87
Rate of New Admissions per 100 beds (last 7 days)	13.52
Rate of New Admissions per 100k people (last 7 days)	25.93
% Change (last 7 days)	-23.68
% Beds Used (last 7 days)	18.08
% Change (last 7 days)	1.34
% ICU Beds Used (last 7 days)	26.59
% Change (last 7 days)	0

Tue, Jan 21st 2020 - Sat, Jan 22nd 2022

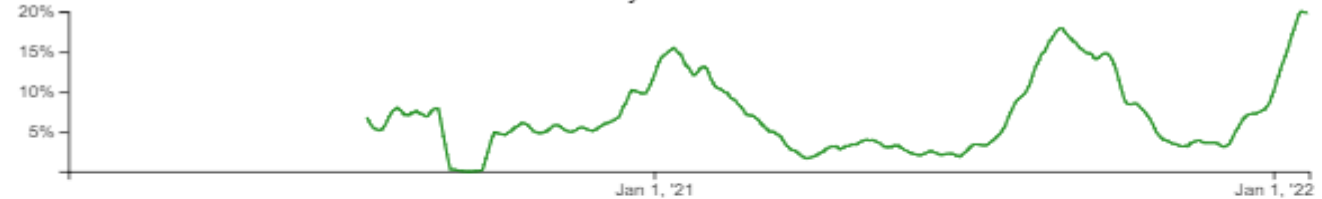
Use slider to update time series chart



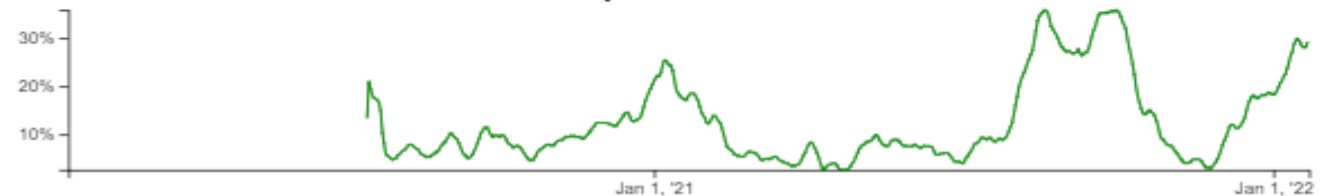
Daily Hospital Admissions - 7-Day Moving Average



Daily % Beds Used

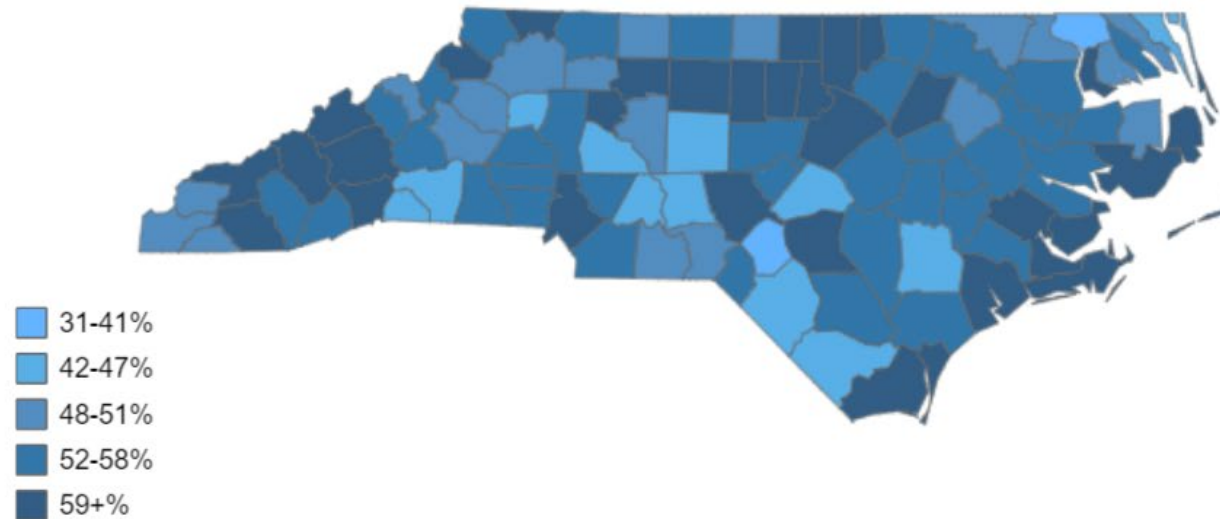


Daily % ICU Beds Used



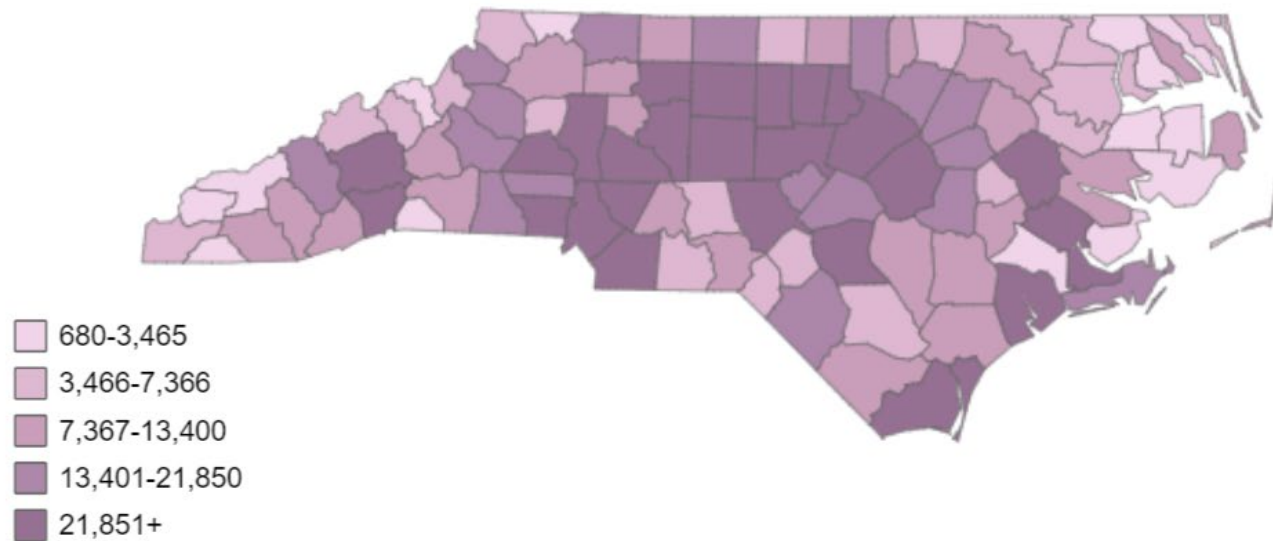
Vaccinations in Cumberland County

61%
Percent of Population Vaccinated with Two Doses or One Dose J&J
Total Population
Cumberland County



Vaccinations in Cumberland County

50,707
People Vaccinated with at Least One Booster/Additional Dose
Total Population
Cumberland County



People Vaccinated with at Least One Booster/Additional Dose for Total Population: 131,487 NC residents missing county information; 33,705 out of state residents

Omicron Updates

- Spreads more easily original SARS-CoV-2 virus
 - Preliminary data suggest that the Omicron variant is up to three times more infectious than the Delta variant
- More data are needed to know if Omicron infections are different from Delta in severity.
 - Early data suggests hospitalization and death rates are lower for vaccinated people
- More data are also needed to know whether reinfections and infections in people who are fully vaccinated occur more frequently with Omicron
 - Boosters are important to improve protection
- First identified in South Africa, cases have peaked, begun to decline

Updated Isolation and Quarantine Guidelines for General Public

- In general, use the 5 and 5 strategy
 - 5 days of isolation or quarantine
 - 5 day of strict masking with a well-fitting mask
- Does not apply to specific subpopulations (healthcare workers, long term care, congregate settings, childcare, severely ill or immunocompromised etc.)
- <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Updated Isolation Guidelines for General Public

- **If confirmed positive COVID-19 test**, regardless of vaccination status or symptoms
 - Stay home for 5 days (from symptom onset or test date, if asymptomatic)
 - No symptoms or your symptoms are resolving after 5 days, you can end isolation
 - Stay home until fever resolves (w/o medication)
 - No requirement to get a test to end isolation
 - If you are tested and it is positive, isolate and until day 10
- **Strictly, wear a well-fitting mask for an additional 5 days (Day 6-10)**
 - Avoid travel
 - Do not go places where you are unable to wear a mask
 - Avoid eating around others

Updated Quarantine Guidelines for General Public After Exposure

- Exposure: Within 6 ft. for a total of 15 min. or more within a 24-hour period, beginning 2 days prior to symptom onset
- 5 days of quarantine after your **LAST** close contact
- Household contacts with ongoing exposure
 - Positive individual completes 5 days of isolation
 - Day 1 of quarantine for close contact begins on Day 6 for the COVID-19 positive person
- Get tested at least 5 days after last close contact, if possible
- Strictly, wear a well-fitting mask for an additional 5 days (Day 6-10)
 - Avoid travel
 - Do not go places where you are unable to wear a mask
 - Avoid eating around others

Updated Quarantine Guidelines for General Public After Exposure

- Who **DOES** need quarantine after exposure
 - You are ages 18 or older and completed the [primary series](#) of recommended vaccine, but have **not** received a [recommended](#) booster shot when eligible.
 - You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a [recommended](#) booster shot.
 - You are not vaccinated or have not completed a [primary vaccine series](#).
- **Key point: Get boosted as soon as you are eligible!**

Updated Quarantine Guidelines for General Public After Exposure

- Who does **NOT** need quarantine after exposure
 - You are ages 18 or older and have received all [recommended vaccine doses](#), including [boosters](#) and [additional primary shots](#) for some immunocompromised people.
 - You are ages 5-17 years and completed the [primary series](#) of COVID-19 vaccines.
 - You had confirmed COVID-19 within the last 90 days (you tested positive using a [viral test](#)).
- **Key point: Get boosted as soon as you are eligible!**

Isolation and Quarantine Guidelines for Special Populations

- K-12 schools
 - <https://covid19.ncdhhs.gov/media/164/open>
- Childcare settings
 - <https://covid19.ncdhhs.gov/media/220/download>
- High-risk congregate settings
 - In certain congregate settings that have high risk of secondary transmission (such as correctional and detention facilities, homeless shelters, or cruise ships), CDC recommends a 10-day quarantine for residents, regardless of vaccination and booster status.
 - <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Stay Up to Date with Your Vaccines

- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- Everyone age 5 and older should receive a primary series of a COVID-19 vaccine to be considered fully vaccinated
- Individuals who are moderately or severely immunocompromised should get an additional primary shot AND a booster shot
 - **Individuals age 5+ are** eligible for a primary shot 28 days after 2 dose of Pfizer/Moderna
 - No additional primary doses for a J&J

Stay Up to Date with Your Vaccines

- Everyone age 12 and older may receive a booster shot
 - **5 months** after 2 dose series of Pfizer
 - 6 months after 2 dose series of Moderna
 - 2 months after single dose of J&J
- Children ages 5-11 are not yet booster eligible
- Mixing and matching of vaccines is allowed for boosters
 - Pfizer or Moderna is preferred in most situations
 - Receiving any vaccine, including the Johnson & Johnson vaccine, is better than being unvaccinated
- Available at the Health Department, Mon-Friday, and outreach events



Which COVID-19 vaccine booster should I receive, and when?

Which vaccines did you get?	Pfizer-BioNTech	Moderna	Johnson & Johnson
You can get your booster if:	It's been 5+ months since you received your second shot AND you are:	It's been 5+ months since you received your second shot AND you are:	It's been 2+ months since you received your vaccine AND you are:
	Ages 12-17 Age 18+	Age 18+	Age 18+
If eligible you can get a booster of:	Pfizer-BioNTech Only Moderna or Pfizer Recommended, Johnson and Johnson	Moderna or Pfizer Recommended, Johnson and Johnson	Moderna or Pfizer Recommended, Johnson & Johnson

Visit MySpot.nc.gov to learn more and locate a provider near you.

Vaccinations and Testing Availability

- Expanded testing days at the Health Department, Monday-Friday, 9 AM-5PM
- Rapid At-Home Test kits and PCR At-Home Test kits are not currently available at the Health Department
- 40+ Test sites in Cumberland: Find my Testing Place
 - <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>
- Vaccinations (including boosters), Monday-Friday, 9am-4pm at the Health Department
- Outreach clinics ongoing
- <https://www.cumberlandcountync.gov/covid19/vaccination>

Key Points

- Everyone age 5 and older should get vaccinated as soon as possible
- If you are booster eligible, get boosted as soon as possible
- Use the 5 and 5 strategy for isolation and quarantine
- Wear a well-fitting mask in public indoor places
 - If possible, wear a surgical or procedure mask, a KN95 or an N95 respirator
- Get tested if symptomatic or exposed to COVID-19



CUMBERLAND
COUNTY

NORTH CAROLINA