

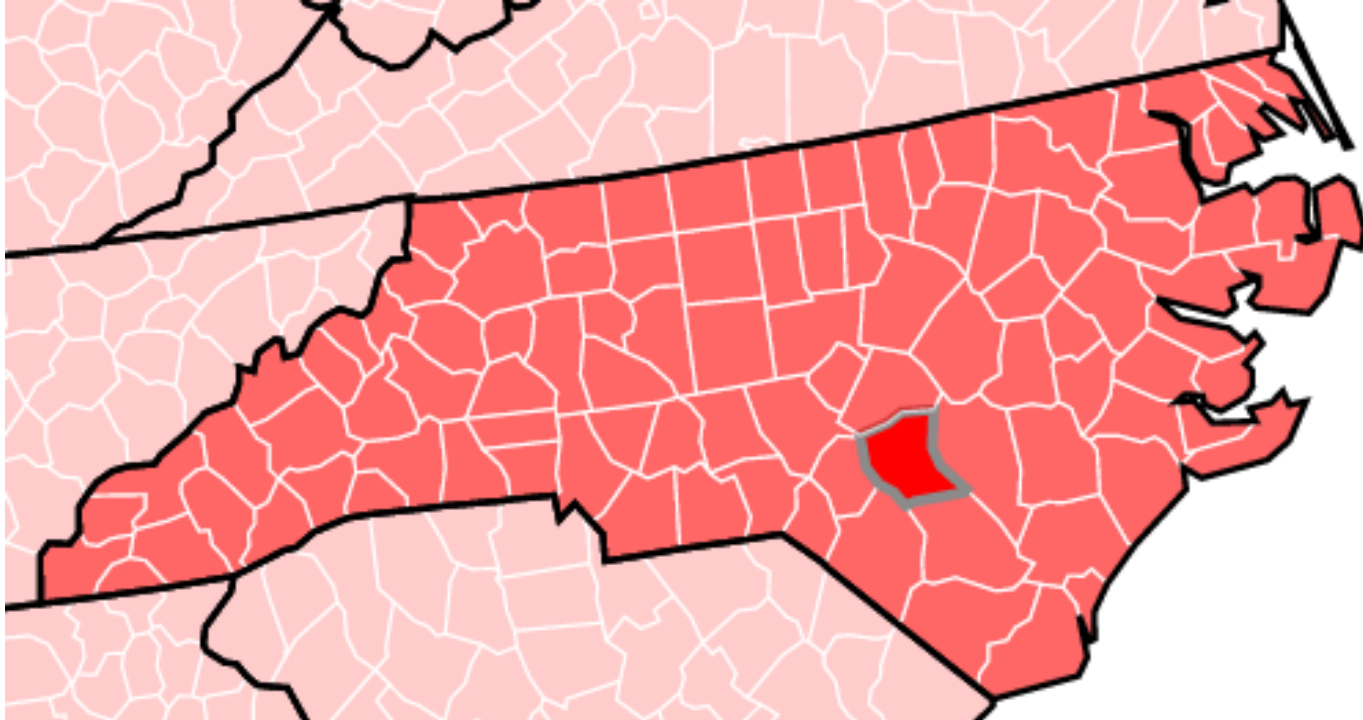
Cumberland County COVID-19 Update January 6, 2022



Disclaimer

- Data and information regarding the COVID-19 pandemic is rapidly changing. Slides are current as of 1.6.2021
- For current information visit
 - <https://www.cumberlandcountync.gov/>
 - <https://covid19.ncdhhs.gov/>
 - <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

COVID-19 Data: Cumberland County



- CDC Data Tracker Data
- Cases
 - Last 7 days: 2,627
- Cases per 100,000 pop: 782.99
- Case positivity rate: 32.42%
- 512 deaths
- Community transmission is high

Community Transmission

Cumberland County is current in high transmission

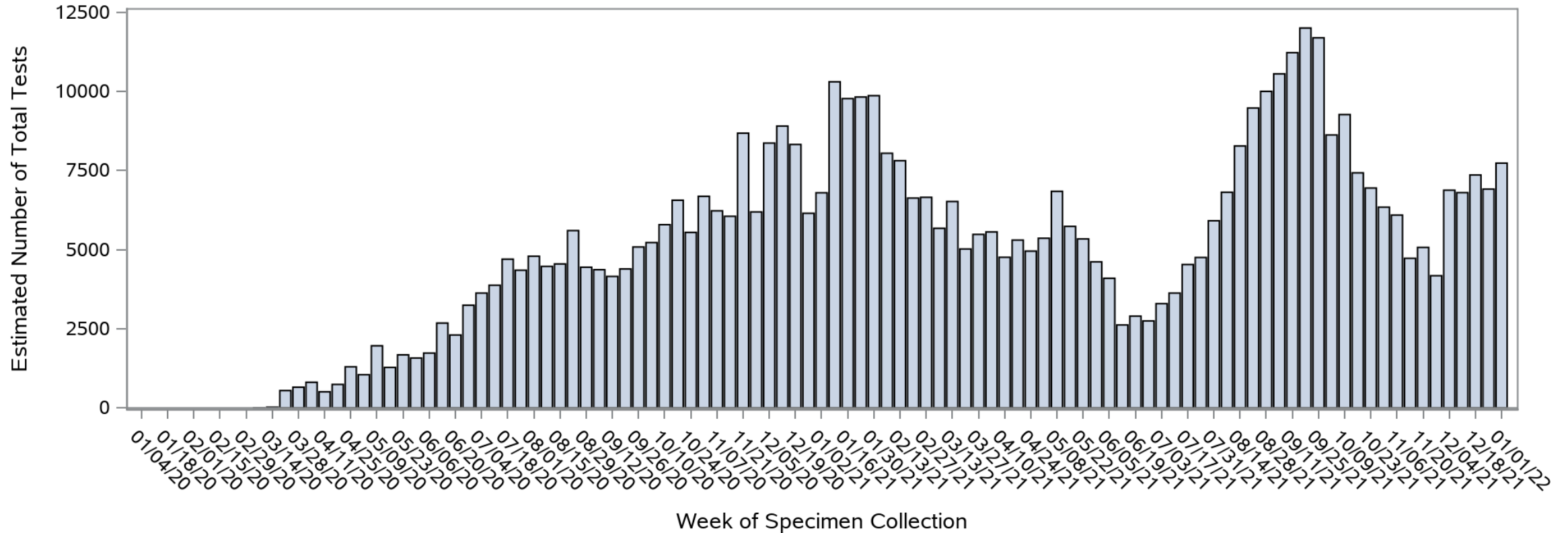
Determining Transmission Risk



If the two indicators suggest different transmission levels, the higher level is selected

	Low	Moderate	Substantial	High
New cases per 100,000 persons in the past 7 days*	<10	10-49.99	50-99.99	≥100
Percentage of positive NAATs tests during the past 7 days**	<5%	5-7.99%	8-9.99%	≥10.0%

COVID-19 Testing in Cumberland County



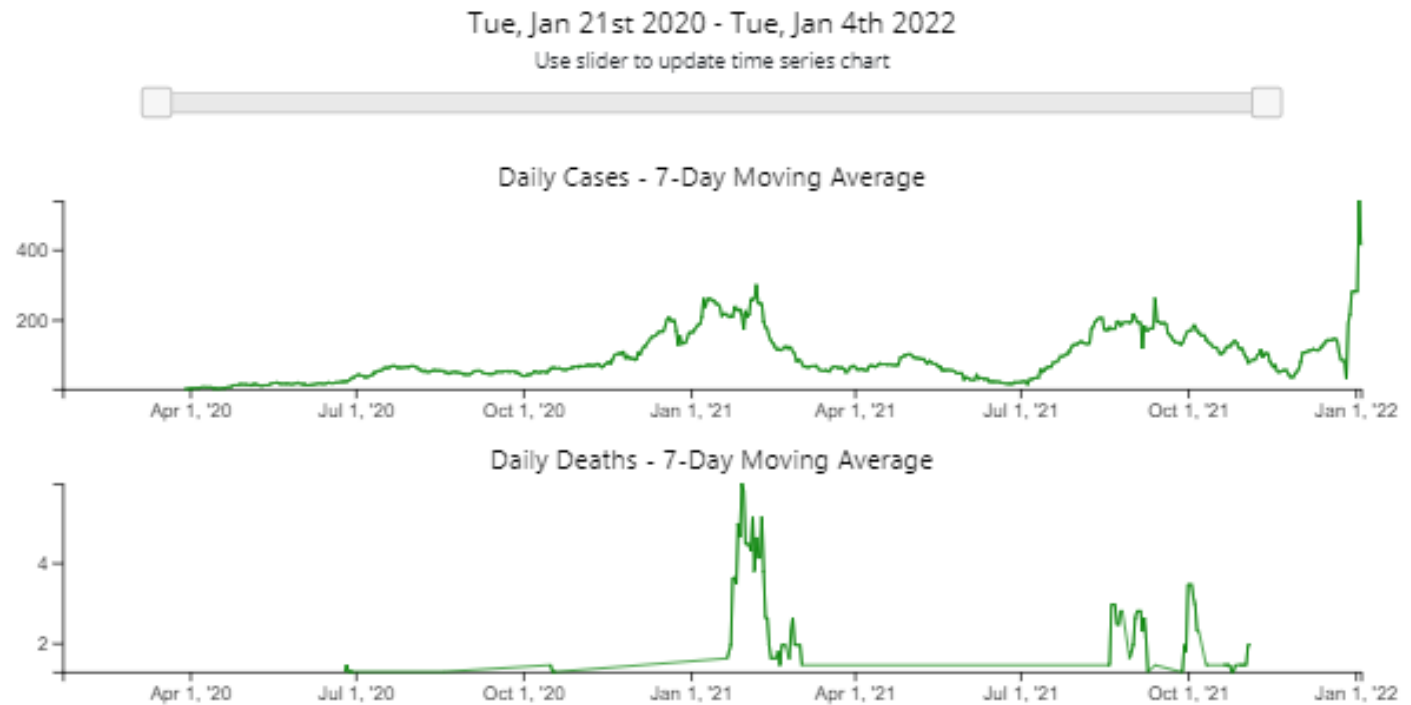
Trend in Cases in Cumberland County

Cases & Deaths in Cumberland County, North Carolina

Data through Tue Jan 04 2022

Total Cases (last 7 days)	2627
Case Rate (last 7 days)	782.99
% Change (last 7 days)	116.39

Total Deaths (last 7 days)	<10
Death Rate (last 7 days)	suppressed
% Change (last 7 days)	



Trend in Hospitalizations in Cumberland County

Hospitalizations in Cumberland County, North Carolina

Data through Mon Jan 03 2022

New Admissions (last 7 days)	68
Rate of New Admissions per 100 beds (last 7 days)	9.09
Rate of New Admissions per 100k people (last 7 days)	20.27
% Change (last 7 days)	94.29



Vaccinations in Cumberland County

People Vaccinated	At Least One Dose	Fully Vaccinated
Total	255,417	202,569
% of Total Population	76.1%	60.4%
Population ≥ 5 Years of Age	255,374	202,552
% of Population ≥ 5 Years of Age	82.3%	65.3%
Population ≥ 12 Years of Age	250,736	200,108
% of Population ≥ 12 Years of Age	90.2%	72%
Population ≥ 18 Years of Age	236,592	188,615
% of Population ≥ 18 Years of Age	93.6%	74.7%
Population ≥ 65 Years of Age	49,544	35,650
% of Population ≥ 65 Years of Age	95%	87.1%

Vaccinations in Cumberland County

People Fully Vaccinated with a Booster †

	Boosters
Total	19,708
% of Fully Vaccinated Population with a Booster Dose	9.7%
Fully Vaccinated Population ≥ 18 Years of Age with a Booster Dose	19,524
% of Fully Vaccinated Population ≥ 18 Years of Age with a Booster Dose	10.4%
Fully Vaccinated Population ≥ 50 Years of Age with a Booster Dose	14,448
% of Fully Vaccinated Population ≥ 50 Years of Age with a Booster Dose	18.1%
Fully Vaccinated Population ≥ 65 Years of Age with a Booster Dose	8,345
% of Fully Vaccinated Population ≥ 65 Years of Age with a Booster Dose	23.4%

Omicron Updates

- Spreads more easily original SARS-CoV-2 virus
 - Preliminary data suggest that the Omicron variant is up to three times more infectious than the Delta variant
- More data are needed to know if Omicron infections are different from Delta in severity.
 - Early data suggests hospitalization and death rates are lower for vaccinated people
- More data are also needed to know whether reinfections and infections in people who are fully vaccinated occur more frequently with Omicron
 - Boosters are important to improve protection
- First identified in South Africa, cases have peaked, begun to decline

Updated Isolation and Quarantine Guidelines for General Public

- In general, use the 5 and 5 strategy
 - 5 days of isolation or quarantine
 - 5 day of strict masking with a well-fitting mask
- Does not apply to specific subpopulations (healthcare workers, long term care, congregate settings, childcare, severely ill or immunocompromised etc.)
- <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

Updated Isolation Guidelines for General Public

- **If confirmed positive COVID-19 test**, regardless of vaccination status or symptoms
 - Stay home for 5 days (from symptom onset or test date, if asymptomatic)
 - No symptoms or your symptoms are resolving after 5 days, you can end isolation
 - Stay home until fever resolves (w/o medication)
 - No requirement to get a test to end isolation
 - If you are tested and it is positive, isolate and until day 10
- **Strictly, wear a well-fitting mask for an additional 5 days (Day 6-10)**
 - Avoid travel
 - Do not go places where you are unable to wear a mask
 - Avoid eating around others

Updated Quarantine Guidelines for General Public After Exposure

- Exposure: Within 6 ft. for a total of 15 min. or more within a 24-hour period, beginning 2 days prior to symptom onset
- 5 days of quarantine after your **LAST** close contact
- Household contacts with ongoing exposure
 - Positive individual completes 5 days of isolation
 - Day 1 of quarantine for close contact begins on Day 6 for the COVID-19 positive person
- Get tested at least 5 days after last close contact, if possible
- Strictly, wear a well-fitting mask for an additional 5 days (Day 6-10)
 - Avoid travel
 - Do not go places where you are unable to wear a mask
 - Avoid eating around others

Updated Quarantine Guidelines for General Public After Exposure

- Who does **NOT** need quarantine after exposure
 - You are ages 18 or older and have received all [recommended vaccine doses](#), including [boosters](#) and [additional primary shots](#) for some immunocompromised people.
 - You are ages 5-17 years and completed the [primary series](#) of COVID-19 vaccines.
 - You had confirmed COVID-19 within the last 90 days (you tested positive using a [viral test](#)).
- **Key point: Get boosted as soon as you are eligible!**

Updated Quarantine Guidelines for General Public After Exposure

- Who **DOES** need quarantine after exposure
 - You are ages 18 or older and completed the [primary series](#) of recommended vaccine, but have **not** received a [recommended](#) booster shot when eligible.
 - You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a [recommended](#) booster shot.
 - You are not vaccinated or have not completed a [primary vaccine series](#).
- **Key point: Get boosted as soon as you are eligible!**

Stay Up to Date with Your Vaccines

- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- Everyone age 5 and older should receive a primary series of a COVID-19 vaccine to be considered fully vaccinated
- Individuals who are moderately or severely immunocompromised should get an additional primary shot AND a booster shot
 - **Individuals age 5+ are** eligible for a primary shot 28 days after 2 dose of Pfizer/Moderna
 - No additional primary doses for a J&J

Stay Up to Date with Your Vaccines

- Everyone age 12 and older may receive a booster shot
 - **5 months** after 2 dose series of Pfizer
 - 6 months after 2 dose series of Moderna
 - 2 months after single dose of J&J
- Children ages 5-11 are not yet booster eligible
- Mixing and matching of vaccines is allowed for boosters
 - Pfizer or Moderna is preferred in most situations
 - Receiving any vaccine, including the Johnson & Johnson vaccine, is better than being unvaccinated
- Available at the Health Department, Mon-Friday, and outreach events

Vaccinations and Testing Availability

- Expanded testing days at the Health Department, Monday-Friday, 9am-4pm
- Rapid At-Home Test kits and PCR At-Home Test kits are not currently available at the Health Department
- 40+ Test sites in Cumberland: Find my Testing Place
 - <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>
- Vaccinations (including boosters), Monday-Friday, 9am-4pm at the Health Department
- Outreach clinics ongoing
- <https://www.cumberlandcountync.gov/covid19/vaccination>

Key Points

- Everyone age 5 and older should get vaccinated as soon as possible
- If you are booster eligible, get boosted as soon as possible
- Use the 5 and 5 strategy for isolation and quarantine
- Wear a well-fitting mask in public indoor places
 - If possible, wear a surgical or procedure mask, a KN95 or an N95 respirator
- Get tested if symptomatic or exposed to COVID-19



CUMBERLAND
COUNTY

NORTH CAROLINA