

EMPOWER HER

NAVIGATING ADOLESCENCE WITH CONFIDENCE!

Open to all girls ages 11 - 14 and their parent/guardian or caregiver.

Get questions answered, enjoy pizza and speak with members of various community organizations.

Friday
May 17, 2024
6-8:30 p.m.

Check-In starts at 5:30

GB Myers Rec Center
1018 Rochester Drive
Fayetteville

Let's Talk About

- ✓ Communication
- ✓ Mental Health
- ✓ Tobacco & Vaping
- ✓ Reproductive Health
- ✓ Puberty
- ✓ Being Confident

Questions?

Samantha Tillman

Reproductive Health Education Coordinator

910-433-3893

stillman@cumberlandcountync.gov

Registration/Sign Up

Limited to 40 girls



Department of Public Health

