



Prepared Childbirth Classes

For more information contact:

De'Ara Anderson, BS
Public Health Educator
Maternal and Child Health
910-433-3858

Akua Warren, RN BSN CCM
Care Manager for High-Risk Pregnancies
910-433-3827



Scan the QR code to register

FREE Prepared Childbirth Class Schedule

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|---|-----------------------|
| January 31, 2024 | 5:30-7:30 p.m. |
| Preterm Labor/Signs of Labor/Support | |
| February 7, 2024 | 5:30-7:30 p.m. |
| Comfort Measures | |
| February 21, 2024 | 5:30-7:30 p.m. |
| Pain Medications/ Breastfeeding | |
| February 28, 2024 | 5:30-7:30 p.m. |
| Postpartum/Newborn Care/Car Seat Safety | |

A pregnant person and partner can attend
Each family will receive a \$25 gift card and
Baby Bucks per session.

*Most insurance/Medicaid accepted
No cost to attend*



Department of Public Health
1235 Ramsey Street, Fayetteville